

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD

REGULAR MEETING

March 18, 2003

Members Present: Linda Brown, Joan Clement, Nancy Code, Jim Harbaugh, Bob Seidensticker, Kim Murrillio (pending Executive appointment)

Members Excused: Pam Detrick, Roger Goodman, Yasmin Smith, Scott Strawn (on leave of absence)

Staff Present: Rhoda Naguit, Rose Soo Hoo, Jim Vollendroff

Guests Present: Gerry Coughlin, Alcohol-Drug 24-Hour Helpline; Stacey Devenney, Valley Cities Counseling and Consultation/Federal Way Youth and Family Services; Harvey Funai, State DASA; Frank Irigon, WA Asian Pacific Islander Families Against Substance Abuse (WAPIFASA); Pat Knox, Recovery Centers of King County; Ken Nicholas, CPC-Bridgeway Recovery Program

Board Chair Linda Brown convened the regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) at 12 noon. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. WELCOME AND INTRODUCTION

Board Chair Linda Brown made a brief welcoming remark, and then asked everyone to introduce him/herself.

II. REVIEW/APPROVAL OF MEETING MINUTES

Nancy Code made a correction on page 2, Item B. under Board Liaison Reports. It should state "Nancy Code noted that the Children and Family Commission (C&FC) held a retreat to plan the focus for the coming year." Jim Harbaugh made a motion, which was seconded by Nancy Code to approve the February 18, 2003 meeting minutes as corrected. The motion passed and was unanimously approved.

III. CHAIR'S REPORT

A. Board Planning Retreat

The Board is holding a Planning Retreat possibly this April. It will be held on a weekday at 4:30-7:30 or 8:00 pm. This week, Chair Linda Brown will email to board members some suggested dates and possible agenda for this planning

retreat. If the board cannot come up with a compromise date in April, then we will consider holding the retreat in May. The board was reminded that it is also in the month of May that the board will have a joint meeting with the King County Mental Health Advisory Board.

B. Criminal Justice Funding Meeting

Several positive meetings have been held on the issue of utilization of funding saved from closing CHAT and NRF programs. The use of these funds to address serious gaps in services such as residential treatment and case management, while reducing the use of jail time by offenders in the Drug Court program, have been discussed at length in these meetings. Board members Linda Brown and Roger Goodman joined the King County Bar Association in a meeting with Councilmembers Larry Gosset, Kathy Lambert, and Executive Ron Sims to advocate for the allocation of some of the savings to increase methadone funding and the importance of methadone as an effective treatment modality for the target population. The Criminal Justice planning group is also looking at the service gaps/needs, particularly the need for community-based methadone treatment for offenders.

The Local Sentencing Reform Panel has developed a grant proposal for criminal justice best practices. The proposal will be submitted to DASA for funding with monies coming from savings from the Sentencing Reform Act. The proposed program is designed to provide opiate substitution treatment for female offenders using opiates, charged with prostitution and other drug-related misdemeanor crimes. In addition to providing treatment based on best practices, the program is designed to foster and strengthen a collaborative relationship between the chemical dependency and criminal justice systems in the County. This RFP is moving through County Council. With the Board's approval, Linda Brown will send a letter of support for the proposed program on behalf of the board.

The board also briefly discussed a methadone article released by Seattle Times/PI in the early part of this month.

Jim Vollendroff announced that he has been appointed to participate for the CD Section on the Criminal Justice Planning Committee. Fahy Mullaney, a consultant sponsored by the National Institute of Corrections, is coming to work with the committee next week. He will meet with individual committee members for half an hour each. This afternoon the committee will meet to identify the service gaps/needs of clients in the criminal justices system with CD and/or MH issues.

Board Chair Linda Brown notified the board that a letter of support for a beer excise tax was sent to the legislators as a joint letter with King County Mental

Health Advisory Board as part of the collaborative legislative efforts of the two boards.

C. Board Orientation Update

Board Chair Linda Brown informed the board about a Board Handbook that she, Jim, and Rhoda are putting together for the board. The proposed handbook will be used to provide orientation for new members, and will serve as a working book for all board members. The goal is to complete the notebook in time for the planning retreat for board review/input and approval.

D. Joint Board Meeting

The King County Mental Health Advisory Board (KCMHAB) will be hosting the next joint meeting with the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) on May 13, 2003. This joint meeting will be held at the regular board meeting of KCMHAB, being the host, at 4:30-6:30pm at the Exchange Building, Conference Room 6A.

E. Board Membership Update

The Executive's Review Team is reviewing Kim Murillo's board membership application. We will know if the Review Team approves our recommended applicant by March 20th.

Board members have been provided with copies of the application form and resume of Larry Hill. A motion to recommend his appointment on the board will be included in next month's agenda.

F. Board Liaison Report

Joan Clement: King County Mental Health Board/Chronic Populations Action Council

At the March 11, 2003 meeting of the King County Mental Health Advisory Board, they discussed legislative advocacy, non-medicaid issues, and payment methodology model.

At the March 12, 2003 Chronic Populations Action Council meeting, the group looked at the high utilizers group and options for longer treatment. Ron Jackson made a presentation on buprenorphine. The board had a lively exchange of opinions about the feasibility of utilizing this drug at our current economics condition, considering the high cost of the drug.

Nancy Code: CD Adult Providers Meeting

Lorri Cox presented the available services under Community Involved Justice Initiative Services. Nancy observed that an expert on the issue responded on every issue that came up during the meeting. The group also brought up the problems encountered in the TARGET system.

Jim Vollendroff indicated that the State Division of Alcohol and Substance Abuse (DASA) is scheduled to conduct two separate TARGET trainings in May; one aimed for agency directors on how to utilize the information and what information to input; and the other training is for the agency TARGET person. Fritz Wrede of State DASA will conduct these trainings.

IV. COUNTY COORDINATOR REPORT

A. REQUEST FOR PROPOSALS--2004

The Chemical Dependency System Management Group (CDSMG) now meets twice monthly. Two major items of discussion are the RFP planning process and management indicator reports. At the next meeting, the group will focus on development of the RFP for soliciting proposals for the full range of CD outpatient services for adult and youth. The group is seeking input on what kinds of issues should be taken into consideration in the development of the RFP. Jim's E-memo to the Board outlined some policy-based questions that will help shape the RFP process. Jim asked the board to review these questions and submit their input via email through Rhoda Naguit who will consolidate all responses. The RFP policy questions outlined in Jim's E-memo will be further discussed at the planning retreat.

Jim advised the board that the sobering contract would remain as is, while the detox contract will be put out as a Request for Information (RFI).

B. Quarterly CD Report Card

Next month, the quarterly CD report card will be completed. This will provide at one glance information of what's going on in the larger system. Jim asked the board to identify what information they would like on a monthly basis on the following services: Assessment Center, detox, drug court, methadone service, sobering center, fiscal, general outpatient admissions, treatment completion and retention. Jim asked the board to email Rhoda possible performance/systems monitoring reports that would be most useful to the board based on the list he provided in his E-memo. Input received from the board will be discussed at the board planning retreat. Jim will also find out the availability of Mary Taylor, Manager of King County Drug Court program, to attend the board planning retreat.

C. Office of National Drug Control Policy (ONDCP)

King County is working with ONDCP in developing a profile of the treatment and prevention needs in Seattle. Twenty-five cities across the nation are participating in the project. The information will be compiled in a report that will be forwarded to the White House with recommendations on how to respond.

D. Third Quarter Report to DASA

This was completed and submitted to DASA. Jim showed a copy of the report and briefly described the content. He asked the board if they would like to be involved in the process of putting this report together in the future. Rhoda will route a copy of the entire report to the board members. The board will discuss which items in the report they would like to have.

E. Assessment Center Utilization Report

Due to time constraint, Rose Soo Hoo passed out copies of the February 2003 utilization report and the County placements per month, without further discussion.

V. AGENCIES PRESENTATION

A. Bridgeway-CPC

Ken Nicholas, Manager of Bridgeway agency, introduced himself and the agency and handed out a packet of information about Community Psychiatric Clinic and the Bridgeway Recovery Program. The agency provides housing in three areas in King County. Ken pointed out that recovery is hard when one is homeless. They also do outreach service. Three hours weekly is dedicated for youth outreach. He also showed a client satisfaction survey, which reflect an overall rating of 4.4. indicating that most clients are satisfied with the services they receive. They have a 25% completion rate on TARGET; 30% contract compliance; and 11.46% are discharged (these are co-occurring disorders clients).

B. Valley Cities Counseling and Consultation (VCCC)

Stacey Devenney gave an overview of services provided by VCCC. The agency was originally only a mental health provider but a year ago, they merged with Federal Way Youth and Family Services, which provides alcohol treatment for youth. The agency provides adult co-occurring disorder treatment at the Federal Way North Office. They hope to expand both adult and youth chemical dependency treatment in their Kent and Auburn facilities by January 2004. As of

February 28, 2003, the agency has offered chemical dependency services to 27 youth. They have also developed wraparound teams for 10 of these youth. One of their difficulties is hiring a qualified clinician. It took them months to hire one clinician. Due to lack of manpower (only one clinician), the agency is having difficulty with their TARGET reporting. They have a 25% completion rate and Stacey gave sample outcomes.

The agency has successfully passed three audits, one from State DASA and two from the county. Stacey also expressed her appreciation to Dean Braxton for providing technical assistance to their agency.

Board Chair Linda Brown thanked Stacey and Ken for their lively and informative presentation.


There being no further business, the meeting was adjourned at 1:30 p.m.

Prepared by:

Rhoda A. Naguit
Recording Secretary

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Attested by:


Linda Brown
Board Chair